

WEEKLY MENU

Spring - Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Spaghetti Bolognaise	Fisherman's pie with creamy potato and cheese topping	Chicken breast served in Honey & Mustard sauce	Quiche Lorraine	Breaded fillet of fish or poached salmon served with dill sauce	Chicken & Mushroom pie	Roast beef and Yorkshire pudding served with horse radish sauce
Vegetable Bolognaise	Butternut squash & butter bean casserole	Veggie pasta bake	Vegetarian Quiche	Macaroni cheese	Leek & mushroom stroganoff	Nut roast
Garlic Bread Parmesan	Broccoli Carrots	Herby diced potatoes Asparagus	Baby Potatoes Salad	Chips Grilled tomatoes Mushy peas	Mashed Potato Fresh runner beans	Roast potatoes Savoy cabbage Cauliflower cheese
Sorbet or ice cream – choice of flavours	Apple crumble served with creamy custard	Pineapple Upside pudding with custard	Lemon Meringue pie	Pear crumble with custard	Strawberry Mousse	Trifle
SUPPER						
Tomato and red pepper soup with bread	Leek & Potato soup with bread	Carrot and coriander soup with bread	Lentil soup with bread	Minestrone soup with bread	Green pea and mint soup with bread	Chicken soup with bread
Selection of sandwiches	Scones with jam and cream or butter or Crumpets with butter	Beans on Toast or Selection of Sandwiches	Melon boat with ham or Cheese & crackers	Scrambled, poached or boiled egg with toast	Pizza – cheese & tomato or cheese & mushroom	Selection of sandwiches
Lime jelly served with cream	Chocolate Eclairs	Fruit trifle	Fresh fruit – sliced apples, banana, berries	Milk jelly	Vanilla cheesecake	Trio of Ice cream

WEEKLY MENU

Spring – Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Egg & Chips	Cottage pie	Honey glazed roast gammon and pineapple	Ploughman's salad	Hand battered haddock or poached haddock served with parsley sauce	Ham or Egg Salad	Roast chicken with lemon, fresh herbs and stuffing
Stuffed Portabello Mushroom	Vegetable pie	Vegetable and pasta bake		Warm Vegetable Cheese quiche	Cheese Salad	Nut Roast
Roast tomatoes	Peas Carrots	Baby potatoes Steamed broccoli	Warm crusty baguettes	Chips Garden peas or Mushy peas Grilled tomatoes	Potato Salad Coleslaw Pickled beetroot Warm baguette	Roast potatoes Thyme roast carrots Spring cabbage
Meringue nests with cream and strawberries	Rice pudding with stewed Californian prunes	Bread & Butter pudding	Melon & Orange Cocktail with cream	Strawberry Gateaux	Stewed rhubarb with custard or cream	Apple crumble with custard or cream
SUPPER						
Mixed vegetable soup with bread	Carrot soup with bread	Broccoli and stilton soup with bread	Tomato soup with bread	Roasted pepper and carrot soup with bread	Green pea and leek soup with bread	Lentil with red pepper soup with bread
Cheese and biscuits served with grapes	Selection of sandwiches with crisps & side salad	Scrambled egg with smoked salmon with bread or toast	Cheese & crackers	Crumpets or toasted teacake	Selection of sandwiches with crisps & side salad	Prawn cocktail with bread OR selection of sandwiches
Eton Mess	Orange jelly and cream	Tinned peaches & cream	Scone with butter	Fools mousse	Trifle	Sorbet

WEEKLY MENU

Spring – WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Red Salmon served with dill sauce	Cheese & Ham Frittata	Roast chicken and stuffing	Shepherd's pie	Scampi with tartar sauce	Breaded turkey steak	Roast leg of lamb with rosemary and mint sauce
Quorn sausages	Cheese, tomato and onion frittata	Mushroom Stroganoff	Savoury lattice	Egg	Quorn fillet	Nut Roast
Baby potatoes Asparagus or fresh runner beans	Salad	Mashed potatoes Broccoli	Roasted butternut squash Courgettes	Chips Mushy peas or garden peas	Parmentier potatoes Mushrooms Grilled tomatoes	Roast potatoes Spring greens Roast Seasonal Veg
Raspberry posset served with berries	Eton mess	Blackberry and apple pie served with cream or custard	Fruit Cocktail with carnation milk or cream	Trio of Ice cream or Gooseberry Fool	Greek yogurts & Berries Pancakes ????	Sherry Trifle
SUPPER						
Chicken and mushroom soup with bread	Leek and potato soup with bread	Cream of spinach soup with bread	Green vegetables soup with bread	French onion soup with bread	Cream of pea soup with bread	Country vegetable soup with bread
Cheese on toast with /without beans OR cheese & biscuits	Poached egg with toast OR a selection of sandwiches	Fishcakes with a side salad and bread OR selection of sandwiches	Scone with butter and jam OR a toasted teacake	Selection of sandwiches or grilled tomatoes on toast	Gala pie with pickle and salad or cheese & crackers	Selection of sandwiches or scrambled egg on toast
Chocolate profiteroles	Tinned fruit cocktail with cream	Selection of fresh fruits	Panna cotta topped with mixed berries	Fruit cocktail with carnation milk	Orange jelly and cream	Choc Ice

WEEKLY MENU

Spring – Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Toad in the hole	Chicken & Leek Lattice in puff pastry	Jacket potatoes with a choice of toppings	Spring lamb casserole	Hand battered Haddock or poached haddock in lemon sauce	Quiche Lorraine	Roast pork served with stuffing balls and apple sauce
Ratatouille	Savoury Lattice in puff pastry	Leek & mushroom quiche	Roast vegetable & Lentil loaf served with a herb sauce	Macaroni cheese	Vegetarian Quiche	Quorn roast
Mashed potato Buttered carrots	Peas Spring cabbage	Salad	Baby potatoes Wilted spinach	Chips Grilled tomatoes Garden peas	Salad Diced herb potatoes	Roast potatoes Savoy cabbage Mashed swede
Seasonal berry Crumble with custard	Fresh Melon & Orange cocktail	Apple crumble with custard	Fools Mousse	Fresh Tropical Fruit salad with cream or ice cream	Grilled peaches and pears served with custard or cream	Apple tart served with cream or custard
SUPPER						
Cream of Tomato soup with bread	Butternut squash soup with bread	Scotch broth with bread	Potato and leek soup with bread	Carrot and orange soup with bread	Roasted vegetable soup with bread	Red lentil soup with bread
Poached or scrambled egg on toast or selection of sandwiches	Beans on toast or a selection of sandwiches	Prawn cocktail or crackers & cheese	Scone with butter and jam or toasted teacakes	Cheese and biscuits served with grapes	Fish goujons with salad or a selection of sandwiches	Selection of sandwiches or Cheese & biscuits
Strawberry Jelly and cream	Raspberry mousse	Chocolate Eclairs	Chocolate mousse	Lemon cheesecake	Lime jelly served with cream	Fresh fruit salad served with cream