

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Garlic & Rosemary Chicken	Fisherman's pie with creamy potato and cheese topping	Quiche Lorraine	Ham Salad	Breaded or poached fillet of fish served with lemon and tartar sauce	Chicken & Mushroom pie	Roast loin of pork with sage and onion stuffing and apple sauce
Quorn fillet	Creamy Vegetable and potato pie	Cheese & spinach quiche	Cheese Salad	Vegetable & cheese potato cakes	Quorn sausage with fried onions	Mushroom and spinach roulade
Summer Ratatouille Duchesse Potatoes	Chantennay carrots Peas	Jersey royal potatoes Side salad	Jacket potato with topping of your choice	Chips Garden peas Grilled tomato	Mashed Potato Fresh runner beans	Roast potatoes Savoy cabbage Braised red cabbage
Mini strawberry tarts with ice cream or cream	Banana mousse	Trio of ice cream with wafers	Peach sundae	Rhubarb and stem ginger crumble with custard	Apple tart with custard or cream	Pavlova topped with cream and seasonal fruits
SUPPER						
Tomato and red pepper soup with bread	Leek & Potato soup with bread	Carrot and coriander soup with bread	Lentil soup with bread	Minestrone soup with bread	Green pea and mint soup with bread	Chicken soup with bread
Selection of sandwiches	Scrambled egg on toast	Vegetarian pizza	Brie with salad/cranberry sauce	Cheese & biscuits	Teacake or Scone with jam and butter	Selection of sandwiches
Mandarin jelly served with cream	Summer berry trifle	White chocolate & raspberry meringue nests with cream	Lemon panna cotta	Jelly and cream	Chocolate mousse	Raspberry jelly with cream

WEEKLY MENU

Summer – Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Cottage pie	Grilled chicken strips	Ham & boiled egg salad	Cauliflower cheese	Poached or battered haddock with tartar sauce	Pork sausages	Roast chicken with lemon, fresh herbs and stuffing
Lentil cottage pie	Quorn strips	Mixed Cheese & Egg salad		Warm Vegetable Cheese quiche	Quorn sausages	Nut Roast
Roast tomatoes	Peas Carrots Diced herb potatoes	Potato salad Mixed salad Coleslaw Beetroot	Garlic bread	Chips Garden peas or Mushy peas Grilled tomatoes	Creamy mashed potato Peas Fried onions Gravy	Roast potatoes Thyme roast carrots Cabbage
Portugese tarts with cream or ice cream	Citrus sponge with custard or cream	Gooseberry compote with shortbread	Trio of ice cream with wafers	Strawberries & cream	Raspberry Bakewell with cream	Sherry trifle
SUPPER						
Mixed vegetable soup with bread	Carrot soup with bread	Broccoli and stilton soup with bread	Tomato soup with bread	Roasted pepper and carrot soup with bread	Green pea and leek soup with bread	Lentil with red pepper soup with bread
Cheese and biscuits served with grapes	Selection of sandwiches with crisps & side salad	Cheese & mushroom pizza	Smoked salmon with scrambled egg on toast	Crumpets or toasted teacake	Selection of sandwiches with crisps & side salad	Cheese & biscuits with grapes
Eton Mess	Lime jelly and cream	Butterscotch mousse	Chocolate eclairs	Banana mousse	Lemon jelly & cream	Chocolate gateaux

WEEKLY MENU

Summer – WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Poached Salmon served with dill sauce	Selection of sliced cold meats	Beef & vegetable lattice	Shepherd's pie	Battered or poached cod with tartar sauce	Ham & mushroom quiche	Roast leg of lamb with rosemary and mint sauce
Vegetable pasta in tomato & basil sauce	Stuffed baked tomato with vegetables & cheese	Creamy vegetable lattice	Macaroni cheese with garlic & herb bread	Egg & chips	Vegetarian quiche	Nut Roast
Jersey royal potatoes Asparagus Chantenay carrots	Jacket potatoes Mixed salad Beetroot Coleslaw	Diced herb potatoes Green beans	Broad beans Sweetcorn	Chips Mushy peas or garden peas	New potatoes Beetroot Mixed Salad	Roast potatoes Roast Seasonal Veg Savoy cabbage
Rhubarb crumble served with custard or cream	Grilled peaches & cream	Butterscotch mousse	Grilled pear & apricot served with ice cream	Trio of Ice cream served with fruit medley	Apple pie with custard or cream	Coffee & Walnut gateaux
SUPPER						
Chicken and mushroom soup with bread	Leek and potato soup with bread	Cream of spinach soup with bread	Green vegetable soup with bread	French onion soup with bread	Cream of pea soup with bread	Country vegetable soup with bread
Selection of sandwiches with side salad and crisps	Gala pie & salad	Fishcakes with a side salad and bread OR selection of sandwiches	Scone with butter and jam OR a toasted teacake	Cheese & crackers with grapes	Gala pie with pickle and salad or cheese & crackers	Selection of sandwiches with side salad and crisps
Chocolate profiteroles	Raspberry meringue nest with cream	Strawberry jelly & whipped cream	Black forest gateaux	Fruit cocktail with carnation milk	Orange jelly and cream	Summer berry fruit fool

WEEKLY MENU

Summer – Week 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Lemon crusted cod loin on a bed of pea puree	Macaroni cheese bake	Ham & Egg	Chicken salad	Hand battered Haddock or poached haddock in lemon sauce	Cumberland sausage in red onion gravy	Roast beef with Yorkshire pudding and horseradish sauce
Cauliflower cheese		Vegetable parcels	Cheese & broccoli gratin	Quorn fillet	Vegetarian sausage	Quorn roast
New potatoes Asparagus	Garlic bread Side salad	Chips Peas Mushrooms	Potato salad Grated carrot Salad	Chips Garden peas or mushy peas	Creamy mashed potato Broccoli Chantenay carrots	Roast potatoes Savoy cabbage Broccoli
Almond & Cherry tray bake with custard	Raspberry mousse	Vanilla cheesecake with cream	Vienetta	Grilled peaches with clotted cream	Trio of ice cream with wafers	Grilled pears served with clotted cream
SUPPER						
Cream of Tomato soup with bread	Butternut squash soup with bread	Red pepper & lentil soup	Potato and leek soup with bread	Carrot and orange soup with bread	Roasted vegetable soup with bread	Red lentil soup with bread
Cheese & biscuits with grapes	Selection of sandwiches with side salad and crisps	Prawn cocktail or crackers & cheese	Scone with butter and jam or toasted teacakes	Cheese and biscuits served with grapes	Fish goujons with salad or a selection of sandwiches	Selection of sandwiches or Cheese & biscuits
Strawberry Jelly and cream	Trio of ice cream with wafers	Peaches & cream	Chocolate mousse	Lemon cheesecake	Grilled pears served with cream	Fresh fruit salad served with cream