



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		1130 Reminisce with Torrie using our reminiscence magazine "This day in History" 1430 French Boules with Torrie	1130 Thula our PAT dog is visiting 1430 Flower Arranging with Torrie. The meaning behind the names of the flowers	1030 Person centered room visits with Torrie 1130 Coffee morning, a selection of board games 1430 Making wicker baskets with Torrie	1130 Music of your choice in the dining room and lounge 1500 Knit & Natter with Claire	1445 "It Happened in September" - Quiz with the Care staff
6	7	8	9	10	11	12
Songs of Praise on TV 1430 Film of your choice in the lounge 1700 Quaker Meeting, Quiet Room	1130 A selection of music to listen to in the lounge 1430 "The Buddy Holly story" showing in the lounge, with refreshments	1030 Person centered activities with Ann Marie 1130 Gentle stretches with Ann Marie 1430 Holiday reminiscence with Ann Marie	1030 Person centered activities with Ann Marie 1130 Thula our PAT dog visits 1445 Continuing with 100 events that shaped history DVD and discussion	1030 One to ones with Ann Marie 1130 Brain games in the lounge 1445 Beetle drive with Ann Marie	1030 Person centered room visits with Torrie 1130 Sensory morning with Torrie 1430 Sing along in the lounge with the instruments with Torrie	1145 Games with Ann Marie 1445 American Chocolate Milk Shake Day! Chocolate quiz and trivia. Ending with a chocolate milk shake with cream and marshmallows
13	14	15	16	17	18	19
Songs of praise on TV 1430 Film of your choice in the lounge 1700 Quaker Meeting, Quiet Room	1130 Gentle stretches with Ann Marie 1445 Musical Bingo with Ann Marie	1030 Person centered room visits 1130 Brain teasers in the lounge with Ann Marie 1430 Music for Health, lounge with Ann Marie	1130 Thula our PAT dog visits 1445 Poetry with pictures, in the lounge with Ann Marie	1130 Looking at the newspapers & magazines with Torrie 1430 Armchair travel to Brazil with Ann Marie & Torrie	1030 Person centered room visits with Torrie 1130 Decorating biscuits for afternoon tea 1445 Knit and Natter with Claire & Torrie	1130 A selection of magazines to choose from for some quiet reading time 1445 Bowling with the care staff
20	21	22	23	24	25	26
Songs of praise on TV 1430 Film afternoon in the lounge 1700 Quaker Meeting, Quiet Room	1130 Gentle stretches with Ann Marie 1445 Current affairs, looking at the daily papers & magazines with Ann Marie	1030 Person centered room visits with Ann Marie 1130 Word scramble in the dining room 1430 Guess the scent with Ann Marie	1130 Thula our PAT dog visits 1430 Choose a programme on Netflix	National Day of Arts 1100 Art session with Ann Marie & Torrie 1430 Entertainment with the Care Team	Macmillan Coffee Afternoon. 1430 Helping support and raise money for a great cause. Lots of lovely cakes and coffee.	1145 Exercise to music with Sarra or Ann Marie 1445 Sing along with Ann Marie in the lounge. Game - Pass the Parcel
27	28	29	30			
Songs of Praise on TV 1430 Movie afternoon in the lounge with refreshments 1700 Quaker Meeting, Quiet Room	1130 Gentle Stretches with Ann Marie in the lounge 1430 Crosswords in the lounge	1130 Dominoes 1430 The Weekly Sparkle, reminiscence newspaper	1130 Thula PAT dog visits 1445 Looking at items from the rummage box with Ann Marie			

Special events

24th National Day Events

25th Macmillan Coffee Afternoon