

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LUNCH						
Beef Bourguignon	Fisherman's pie with creamy potato and cheese topping	Herb roast chicken with stuffing	Lamb and vegetable casserole	Breaded fillet of fish or poached salmon served with dill sauce	Pork escalope	Roast beef and Yorkshire pudding served with horse radish sauce
Creamy Vegetable Hot Pot	Veggie pasta bake	Cheese and mixed pepper quiche	Stuffed tomatoes with cheese	Macaroni cheese	Vegetable stir fry	Nut roast
Mashed potatoes Green cabbage Glazed carrots	Green beans Mediterranean vegetables	Roast potatoes Creamy leeks Buttered carrots	Mashed potatoes Broccoli florets Mixed beans	Chipped potatoes Grilled tomatoes Mushy peas	Sliced carrots Buttered spinach Diced potatoes	Roast potatoes Savoy cabbage Cauliflower gratin Glazed carrots
Stewed fruits with cream or custard	Strawberry and pear crumble served with creamy custard	Apple strudel served with custard or cream	Baked cherry and vanilla cheesecake	Lemon Meringue pie	Bread & butter pudding with raisins	Trifle
SUPPER						
Tomato and red onion soup with bread roll	Cauliflower soup with bread roll	Carrot and coriander soup with bread roll	Potato and chive soup with bread roll	Minestrone soup with bread roll	Green pea and mint soup with bread roll	Courgette and tomato soup with bread roll
Toasted teacakes or crumpets	Assortment of sandwiches	Ham and mushroom toastie	Scampi and chips served with tartare sauce	Scrambled eggs on toast	Cornish pasty served with sweet pickle and salad	Selection of sandwiches
Selection of sandwiches	Cheese & Biscuits served with grapes	Selection of sandwiches	Cheese & Biscuits served with grapes	Selection of sandwiches	Cheese & Biscuits with grapes	Crumpets
Lime jelly served with cream	Baked egg custard flan	Fruit trifle	Pineapple and raspberry panna cotta	Milk jelly	Strawberry mousse	Fruit and cream sundae

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LUNCH						
Braised pork steak	Cottage pie	Honey glazed roast gammon and pineapple	Steak and kidney pie	Hand battered haddock or poached haddock served with parsley sauce	Sausage & onion gravy	Roast chicken with lemon, fresh herbs and stuffing
Quorn and vegetables in cream sauce	Vegetable pie	Vegetable and pasta bake	Vegetable burgers with fried onions	Warm Vegetable Cheese quiche	Vegetable lasagne served with herbed bread	Nut Roast
Mashed potatoes Roasted squash Garden peas	Thyme roast carrots Peas and corn medley	Roast potatoes Steamed broccoli Diced swede	Mashed potatoes Steamed sweetcorn Brussel sprouts	Chipped potatoes Garden peas Mushy peas Grilled tomatoes	Mash Roasted vegetables Green beans	Roast potatoes Thyme roast carrots Green cabbage Parsnips
Treacle sponge & custard	Rice pudding	Pear crumble with cream or custard	Sticky toffee pudding served with custard or cream	Grilled apricots served with custard	Strawberry gateaux	Stewed fruits served with custard or cream
SUPPER						
Mixed vegetable soup with a bread roll	Carrot soup with a bread roll	Broccoli and stilton soup with a bread roll	Tomato soup with a bread roll	Roasted pepper and carrot soup with a bread roll	Green pea and leek soup with a bread roll	Vegetable broth with a bread roll
Smoked haddock fish cakes served with salad, tartar sauce and bread	Welsh rarebit	Scramble eggs and smoked salmon	Grilled chicken served with salad and potato wedges	Crumpets or toasted teacakes	Prawn cocktail with bread	Fish goujons served with salad and tartare sauce and bread
Cheese and biscuits served with grapes	Selection of sandwiches	Cheese and biscuits served with grapes	Selection of sandwiches	Cheese and biscuits served with grapes	Selection of sandwiches	
Eton Mess	Orange jelly and cream	Tiramisu	Butterscotch mousse	Chocolate eclairs	Strawberry mousse	Traditional sherry trifle

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LUNCH						
Poached Salmon served with dill sauce	Mince beef and onion pie	Chicken casserole	Shepherd's pie	Battered fillet of cod or poached cod mornay	Chicken curry	Roast leg of lamb with rosemary and mint sauce
Vegetable pasta in tomato and herb sauce	Stuffed baked tomato with vegetables and cheese	Sweet potato and vegetable stew	Cauliflower and broccoli au gratin	Egg & chips served with fried mushrooms	Omelette – choice of toppings	Nut Roast
Savoury potatoes Green beans Buttered carrots	Mashed potatoes Green beans Mixed vegetables	Rice Mashed potatoes Braised leeks Swede	Roasted butternut squash Green beans	Chipped potatoes Carrots Mushy peas	Rice Poppadom's Naan bread Chutney	Roast potatoes Roasted vegetables Cauliflower cheese
Lemon tart served with cream	Spotted dick served with custard	Strawberry pie served with cream or custard	Grilled pineapple and peach served cream or custard	Steamed syrup sponge served with custard or cream	Ice cream	Stewed fruit with clotted cream
SUPPER						
Chicken and mushroom soup with bread roll	Leek and potato soup with bread roll	Cream of spinach soup with bread roll	Green vegetables soup with bread roll	French onion soup with bread roll	Cream of pea soup with bread roll	Country vegetable soup with bread roll
Prawn cocktail with bread	Cod goujons served with tartare sauce and salad/bread	Welsh rarebit	Sandwiches of your choice	Cheese and onion toasties	Homemade quiche Lorraine served with a side salad	Selection of sandwiches
Selection of sandwiches	Cheese & biscuits served with grapes	Selection of sandwiches	Cheese & biscuits served with grapes	Selection of sandwiches	Cheese & biscuits served with grapes	Toasted teacakes or crumpets
Strawberry mousse	Raspberry meringue nests with cream	Chocolate profiteroles	Panna cotta topped with mixed berries	Ice cream roll served with fruit compote	Orange jelly and cream	Chocolate gateaux

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Pork steak served with cider and apple sauce	Honey Roast gammon with pineapple	Lamb liver and fried onions	Chicken in a herb and garlic sauce	Hand battered Haddock or poached haddock in caper sauce	Curried mince	Roast pork served with stuffing balls and apple sauce
Vegetable bean burgers	Macaroni and cheese bake	Mixed vegetable casserole	Vegetable pie, in a white sauce with a puff pastry top	Vegetarian sausage with caramelised onions	Vegetable quiche and diced potatoes	Quorn roast
Mashed potatoes Cauliflower cheese Sautéed courgettes	Boulangère potatoes Garden peas Buttered carrots	Mashed potatoes Broccoli florets Braised red cabbage	Sauté potatoes Green beans Cauliflower	Chipped potatoes Grilled tomatoes Garden peas	Rice Green beans Sliced carrots	Roast potatoes Savoy cabbage Buttered swede Red cabbage
Bread and butter pudding with raisins served with custard	Treacle sponge with custard	Crème caramel	Mixed fruit crumble served with custard	Ice cream	Grilled peaches and pears served with custard or cream	Apple tart served with cream or custard
SUPPER						
Cream of Tomato soup with bread roll	Butternut squash soup with bread roll	Scotch broth with bread roll	Potato and leek soup with bread roll	Carrot and orange soup with bread roll	Roasted vegetable soup with bread roll	Red lentil soup with bread roll
Kippers served with lemon and salad	Crumpets or toasted teacakes	Scrambled egg on toast with salmon	Egg and chips served with baked beans	Chicken goujons served with spicy wedges	Welsh rarebit	Ham and tomato omelettes
Cheese & biscuits served with grapes	Selection of sandwiches	Cheese and biscuits served with grapes	Selection of sandwiches	Cheese and biscuits served with grapes	Selection of sandwiches	Cheese and biscuits served with grapes
Strawberry Jelly and cream	Raspberry mousse	Peaches and cream	Chocolate mousse	Lemon cheesecake	Lime jelly served with cream	Fresh fruit salad served with cream